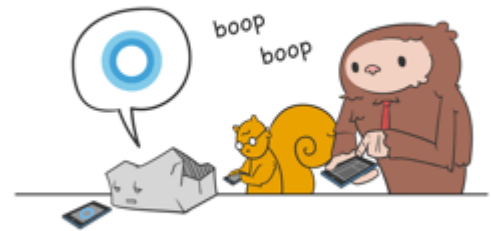**Always use two-factor authentication.**

An example of this would be getting a one-time passcode sent to your cell phone via text message for an additional layer of security.

Reusing the same passwords for multiple accounts is bad practice. The reason for this because hackers can then access several of your accounts, whether it be email, bank, etc.

Keep log-in notifications on. In the case that there is unauthorized activity, you will be able to catch it by seeing when and from what device someone tried logging-in from.