



Preparing people to lead extraordinary lives

# Security Awareness Newsletter

*"Someone cracked my password. Now I need to rename my puppy."*

## Cybersecurity Safety Tips

In today's digital age, cybersecurity is becoming increasingly important, especially for college students. With so much of our daily lives being conducted online, it's important to understand the risks and take steps to protect ourselves. In this article, we will discuss some important cybersecurity safety tips for college students.

### Use Strong Passwords

One of the simplest and most effective ways to protect yourself online is to use strong passwords. This means using a combination of letters, numbers, and symbols, and avoiding common words or phrases. It's also important to use a unique password for each account you have, to prevent a single breach from compromising all your accounts.

### Enable Two-Factor Authentication

Two-factor authentication is an extra layer of security that requires you to enter a code or use an app on your phone in addition to your password when logging into an account. This can prevent hackers from accessing your accounts, even if they manage to get hold of your password.

### Be Cautious with Public Wi-Fi

Public Wi-Fi networks can be convenient, but they can also be dangerous. Hackers can intercept the data you send over public Wi-Fi, potentially accessing sensitive information like passwords and credit card numbers. To protect yourself, avoid accessing sensitive information on public Wi-Fi, and consider using a virtual private network (VPN) to encrypt your internet traffic.

### Keep your Software up to Date

Software updates often include security patches that address known vulnerabilities. It's important to keep your operating system, web browser, and other soft-

ware up to date to ensure that you're protected against the latest threats.

### Be Wary of Phishing Scams

Phishing scams are emails or other messages that try to trick you into revealing sensitive information like passwords or credit card numbers. Be wary of emails or messages that ask you to click on links or provide personal information, especially if they come from unknown sources.

### Use Antivirus Software

Antivirus software can help protect your computer against malware, which is software that can harm your computer or steal your data. Make sure to use a reputable antivirus software and keep it up to date.

### Back up your Data

Backing up your data regularly can help protect you against data loss due to malware or other issues. Consider using cloud storage or an external hard drive to back up important files.



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